

# Foundational 2 Training Syllabus

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**Presented by:**

Parents As Teachers

**Course Overview**

The Foundational 2 Curriculum: 3 Years Through Kindergarten is a continuation of the Parents as Teachers approach for those serving families with children ages 3 to 6. The digital book is similar in structure to the Foundational Curriculum, with hundreds of parent educator resources, parent handouts and activity pages around:

- Child Development
- Parenting Behaviors
- Parent-Child Interaction
- Development-Centered Parenting
- Family Well-Being

It also includes additional web-based features and embedded videos that support parent educators' knowledge and skill development around this exciting and dynamic age group.

This online blended learning experience includes webinars, videos, activities, and live virtual training. Foundational 2 Curriculum exploration will be embedded throughout the learning experience.

**Training Tools**

- *Foundational 2 Curriculum* – online
- *Foundational 2 Training Guide*
- Module Assignments/Webinars found when you login to your ME page
- Zoom Training Tutorial – <https://zoom.us/resources>
- Zoom Whiteboard Instruction

**Technology**

- Please make sure you have a working camera and speakers for the virtual classes.

**Finding Help**

The following is a list of contacts if you need assistance:

- Registration or payment: [carly.mcgillivray@parentsasteachers.org](mailto:carly.mcgillivray@parentsasteachers.org)
- For support finding your class, managing your class, or saving your assignments please email [oliver@parentsasteachers.org](mailto:oliver@parentsasteachers.org)
- Class, assignments or schedules: contact your class facilitator

All help will reply within 24 hours and usually sooner. You may need to contact your organization's IT support for specific questions regarding your equipment.

### Class Expectation for Each Module

The chart below is a snapshot of the anticipated time commitment for the course, broken down for each module.

**The course will take up to 16 active hours to complete.**

**Please allow enough time in order to be successful.**

Module	Assignment Hours for Self-Paced Modules	Zoom Session Day
M1	2-3 hours	2 Hours
M2	2-3 hours	2 Hours
M3	2-3 Hours	2 Hours
M4	2-3 Hours	2 Hours

**Note: Assignments and Webinars for each module are due before the virtual class in that module**

**Module 1: All assignments and webinars are due prior to the start of the virtual class.**

Title/Format	Overview:	Tools/Resources Needed
Course Navigation Tips Webinar	You will learn tips for moving through the course materials.	n/a
Lesson #1 - PAT Approach	Here you will review the Parents as Teachers approach. You will also explore theoretical foundations, as well as educational philosophy. You will learn more about the motivations of learning and the achievement gap.	Training Guide
Lesson #2 - Curriculum Overview	Webinar 1 provides an overview of the Curriculum. You will familiarize yourself with the Foundational 2 Curriculum with a scavenger hunt.	Online Curriculum
Lesson #3 – What’s Different?	Lesson 3 will highlight some differences in the Foundational 2 curriculum to better help you navigate and find resources.	Online Curriculum
Lesson #4 – Personal Visit	This lesson will highlight the similarities and differences between home visits with preschoolers & kindergarteners and those with younger children.	

Title/Format	Overview:	Tools/Resources Needed
Lesson #5- Play and Other Aspects of Learning	Here you will have a chance to explore Play, Aspects of Learning, Approaches to Learning, and Parenting Behaviors in preparation for the first live class.	Online Curriculum
Live Virtual Class 1	You will have a Virtual Class where the trainer will cover and expand on the concepts delivered in this module.	*You will be using the Zoom whiteboard. Instructions can be found in the Course Materials Folder.  Notetaking materials  Training Guide  Online Curriculum

## Module 2: All assignments and webinars are due prior to the start of the virtual class.

Title/Format	Overview:	Tools/Resources
Lesson #6 – Child Development	In this lesson you will learn about brain development of the child age 3-5, influences on development, and explore motor and cognitive development.	Training guide  Online Curriculum
Lesson #7 – Sensory Processing and Integration	This lesson explores sensory processing and integration from all the senses. You will review the coordination of registering sensory input, interpreting its significance, and then planning and executing a response is known as sensory integration. You will also learn about motor planning and sensory processing disorder.	Online Curriculum
Lesson #8 – Fundamental Motor Patterns	Here you will learn the typical sequence of basic gross motor skills, as well as some activities for personal visits. You will choose an activity and prepare to discuss it for the next live class.	Online Curriculum
Live Virtual Class 2	During the Module 2 live virtual class you will have an opportunity to discuss Sensory Processing and Integration, Motor Development and explore Cognitive Activity Pages in small breakout groups.	*You will be using the Zoom whiteboard. Instructions can be found in the Course Materials Folder.  Notetaking materials

Title/Format	Overview:	Tools/Resources
		<i>Foundational Training Guide and Curriculum</i>

**Module 3: All assignments and webinars are due prior to the start of the virtual class.**

Title/Format	Overview:	Tools/Resources
Lesson #9 – Language Development	In this lesson you will learn both typical and atypical language development (both spoken and written) on young children. You will explore activities for promoting language development, and become aware of milestones. This lesson also reviews activities for and developmental sequence of early writing.	Training Guide  Online Curriculum
Lesson #10 – Literacy	This is a video which features strategies to encourage and activate parents' support of their child's literacy.	Video
Lesson #11 – Social-Emotional Development	Here you will explore skills and knowledge that is supported and developed through social interactions and their strands of capabilities: emotions, understanding, and expression.  You will also take a closer look at delays and disabilities- better preparing you to spot red-flags.  You will also cover developmental screenings, and IEP (individual education program).	Training Guide  Online Curriculum
Live Virtual Class 3	In Live Meeting 2 you were assigned a Development-Centered Parenting reading assignment. (See the list below.) You will have the opportunity to share the information in Live Meeting 3 and discuss the information in small groups.	*You will be using the Zoom whiteboard. Instructions can be found in the Course Materials Folder.  Notetaking materials  Online Curriculum  Training Guide

## Module 4: All assignments and webinars are due prior to the start of the virtual class.

Title/Format	Overview:	Tools/Resources
Lesson #12 – Transition and Routines	This lesson provides a look at the two different types of transitions children and families experience: Horizontal and Vertical.	Online Curriculum Training Guide
Lesson #13 – Family Engagement	This lesson talks about the importance of family engagement as it relates to the child’s success in school.	Online Curriculum Video
Lesson #14 – Collaborative Learning Exercise	Here you complete the one-third of a blank Personal Visit Planning Guide. The section you will complete is the area of emphasis you chose in your small group in Live Class 3.	Curriculum
Lesson #15 – Multiple Child Visits- Planning	This lesson walks you through planning a personal visit for a family with multiple children of varying ages. Here you will have a chance merge the two curricula.	<i>Personal Visit Record</i> Online Curriculum Training Guide
Virtual Class 4 (via Zoom) *	In the live virtual class for Module 4 you will have an opportunity to discuss how to start conversations around child developmental topics, multi-child visits planning and how parenting behaviors change during the preschool years to meet the needs of the child and the family.	Blank <i>Personal Visit Planning Guide</i> (Can be found in Fillable Forms or in your Training Guide pgs. 145-146) Notetaking materials Training Guide