

Modules in O.L.I.V.E.R. will open the Friday before class begins so you can complete Module 1 prior to the first class. Instructors will be available the day the class begins.

Foundational Training Syllabus

Presented by:
Parents As Teachers

Course Overview

In our Foundational Training, parent educators and other family support professionals learn to effectively use the Foundational Curriculum as they work with families to partner, facilitate, and reflect. Both the training and curriculum cover children's growth and development from before birth to age three.

The training is facilitated by certified trainers who emphasize adult learning practices such as reflective practice and hands-on learning. It utilizes a combination of self-paced learning through modules found on the portal, as well as live Zoom sessions. The total time commitment is expected to be around 30 hours for the whole course.

Training Tools

- *Foundational Curriculum* – online
- *Foundational Training Guide*
- Toolkit Cards
- Self-paced Modules found under the Education tab on the portal- <https://ebiz.patnc.org/eBusiness/home>
- Zoom Training Tutorial – <https://zoom.us/resources>
- Zoom Whiteboard Instruction

Technology

- Please make sure you have a working camera and speakers for the live online classes.

Finding Help

The following is a list of contacts if you need assistance:

- For registration or payment, support finding your class, or managing your class prior to the first day of class, email vmartin@startearly.org
- For support with class, assignments or schedules after the class has begun: contact your class facilitator.

All help will reply within 24 hours and usually sooner. You may need to contact your organization’s IT support for specific questions regarding your equipment.

Time Commitment for the Course

The chart below is a snapshot of the anticipated time commitment for the course, broken down for each module.

**The course will take up between 24 and 36 active hours to complete.
Please allow enough time in order to be able to successfully complete the course.**

Module	Anticipated Hours for Self-Paced Modules	Zoom Session Day
M1	3-5 hours	2 hours
M2	2-3 hours	2 hours
M3	3-6 hours	2 hours
M4	2-3 hours	2 hours
M5	1-2 hours	2 hours
M6	3-4 hours	2 hours

Overview of Modules and Assignments

In addition to attending live, online classes you will be responsible for completing 6 self-paced modules that can be found under the Education tab, “My Courses” in O.L.I.V.E.R. Below you will find an overview of the content and assignments included in each of the self-paced modules and live online class sessions.

Module 1: All assignments and webinars are due prior to the start of the live online class.

Module 1 in O.L.I.V.E.R. will open the Friday before class begins so you can complete it prior to the first class.

Title/Format	Overview:	Tools/Resources Needed
Course Navigation Tips Webinar	You will learn tips for moving through the course materials	n/a

Title/Format	Overview:	Tools/Resources Needed
Lesson #1	Included in this intro to training are course expectations, tips for navigating the curriculum and contact info. Info is presented about the Two Pathways, Model Components, and Training Tools, as well as Training Roles and Certifications.	Training Guide Toolkit Cards Handout: <i>How to Navigate the Curriculum</i>
Webinar - Intro to Parents as Teachers	Webinar 1 provides an overview of the PAT organization. You will also become more familiar with 5 Core Values and Theoretical Framework	
Lesson #2	Lesson 2 takes you deeper into the PAT Theoretical Foundations that provide the philosophy and knowledge base for working with families, as well as the core values of the PAT organization.	Training Guide
Lesson #3	<p>This lesson offers more insights into the PAT approach and framework. You will learn more about:</p> <ul style="list-style-type: none"> • 3 roles of Parent Educators • 3 areas of emphasis • Parent Educator & Parent relationship • Strengthening Families Protective Factors <p>Explore the Personal Visit and get an overview of the <i>Foundational Curriculum</i>.</p>	<p>Training Guide</p> <p>Handout: <i>Foundation Curriculum Titles and Page Numbers</i></p> <p>Video: <i>Process of a Personal Visit</i></p>
Webinar - Foundational Curriculum	This webinar provides a more in-depth look at the <i>Foundational Curriculum</i> .	
Lesson #4	This lesson offers you a guided exploration of the curriculum.	Online <i>Foundational Curriculum</i>

Title/Format	Overview:	Tools/Resources Needed
Virtual Class 1 (via Zoom)*	<p>Virtual class 1 is an intro to Personal Visits. The discussion will overview:</p> <ul style="list-style-type: none"> • Theoretical Foundations • 3 Roles of the Parent Educator • 3 Areas of Emphasis • Parent Educator/parent relationship <p>Live Q&A will follow.</p>	<p>Have prior assignments nearby for reference to enhance conversations.</p> <p>Notetaking materials</p> <p><i>Foundational Training Guide</i> and Toolkit Cards</p>

Module 2: All assignments and webinars are due prior to the start of the live online class.

Title/Format	Overview:	Tools/Resources
Lesson #5	<p>This lesson gives an intro to Personal Visits and cover:</p> <ul style="list-style-type: none"> • Goals of the Personal Visit • Structure and Processes of the Personal Visit • Foundational Personal Visit Plans 	<p>Training guide</p> <p>Online Curriculum</p>
Lesson #6	The First Foundational Visit	Online Curriculum
Virtual Class 2 (via Zoom)*	<p>This Virtual class provides a discussion of the First Visit, and the First Foundational Plan. You will be exploring:</p> <ul style="list-style-type: none"> • Parent/Child Interaction • Play • Development Centered Parenting • Family Well Being • Partnering <p>We will have time for Q&A</p>	<p>*You will be using the Zoom whiteboard. Instructions can be found in the Course Materials Folder.</p> <p>Notetaking materials</p> <p><i>Foundational Training Guide</i> and Toolkit Cards</p>

Module 3: All assignments and webinars are due prior to the start of the live online class.

Title/Format	Overview:	Tools/Resources
Webinar - Second Foundational Plan	This webinar highlights Foundational Plan 2 which includes child development and Parent/Child interaction.	
Lesson #7	This lesson continues to explore the topic of child development within Foundational Plan 2 and practices observing child development.	<p>Training Guide</p> <p>Online Curriculum</p> <p>Video- <i>Observing Child Development</i></p> <p>Handout- <i>Child Development and Domain Descriptions</i></p>
Lesson #8	This lesson presents a review of Foundational Visit Plan 3 as well as practice observing and supporting parenting behaviors.	<p>Training Guide</p> <p>Video- <i>Learning Happens</i></p> <p>Online Curriculum</p>
Lesson #9	This lesson walks you through the three areas of emphasis in Foundational Visit Plan 4.	Online Curriculum
Lesson #10	<p>This lesson offers a review of Foundational Visit Plan 5, and a look into a child’s brain development which includes:</p> <ul style="list-style-type: none"> • Brain Basics • Neuroscience Topics 	<p>Online Curriculum</p> <p>Video- <i>The Child’s Brain and its Amazing Potential</i></p>
Virtual Class 3 (via Zoom)*	<p>This virtual class provides time to discuss topics previously covered, including:</p> <ul style="list-style-type: none"> • Developmental Topics • Attribution Theory • Introducing neuroscience <p>This session includes a time for Q&A</p>	<p><i>Foundational Training Guide – Milestones pgs. 204-20 & Toolkit Cards</i></p> <p>Notes from your neuroscience reading</p> <p>Notetaking materials</p>

Module 4: All assignments and webinars are due prior to the start of the live online class.

Title/Format	Overview:	Tools/Resources
Lesson #11	This lesson provides a look at all the curriculum resources for working with families prenatally.	Online Curriculum Toolkit Cards
Lesson #12	This lesson presents an opportunity to watch a video demonstration of a Personal Visit and an opportunity to reflect on and record your observations	Online Curriculum Handout- <i>Sarah Personal Visit Foundational Plan 4</i>
Webinar - Documenting the Visit	This webinar discusses the appropriate way to document Personal Visits.	<i>Personal Visit Record</i> (Can be found in Fillable Forms in the Foundational Workspace or in your FND Training Guide)
Lesson #13	This lesson walks you through the documentation of Sarah's visit using the <i>Personal Visit Record</i> found in Fillable Forms or printed from your FND Training Guide on pages 191-194	<i>Personal Visit Record</i> Online Curriculum Training Guide
Virtual Class 4 (via Zoom) *	In this virtual class you have a chance to debrief the visit and discuss: <ul style="list-style-type: none"> • Role of the Parent Educator • Reflective Cycle • Rhythm of Facilitation • Planning the next Visit This session includes a time for Q&A	Blank <i>Personal Visit Planning Guide</i> (Can be found in Fillable Forms or in your Training Guide pgs. 145-146) Notetaking materials <i>Foundational Training Guide & Toolkit Cards</i>

Module 5: All assignments and webinars are due prior to the start of the live online class.

Title/Format	Overview:	Tools/Resources
Lesson #14	This lesson covers Foundational Visit Plan 6, as well as Family Messages and Cultural Competency.	Online Curriculum Training Guide Video- <i>Contrasting Perspectives</i>

Title/Format	Overview:	Tools/Resources
Webinar – Foundational Plan 7	This webinar focus' on Foundational Visit Plan 7, as well as Family Supports: <ul style="list-style-type: none"> • Family Well-Being • Personal Assets 	Online Curriculum
Virtual Class 5 (via Zoom) *	This Virtual class offers time to reflect and discuss more deeply some of the topics covered in Foundational Plans 6 and 7. This session includes a time for Q&A.	<i>Foundational Training Guide & Toolkit Cards</i> Reflections from module assignments Online Curriculum Notetaking materials

Module 6: All assignments and webinars are due prior to the start of the live online class.

Title/Format	Overview:	Tools/Resources
Lesson #15	This lesson reviews Foundational Visit Plan 8 and Planning as Partners	Online Curriculum
Webinar - Goal Setting	This webinar focuses on the importance of Goal Setting. You will be introduced to the Change Process and resources in the curriculum.	Toolkit Cards
Webinar – Multiple child visits	This webinar provides an overview of considerations around multiple child visits.	
Lesson #16	This lesson provides hands on experience planning a visit for multiple children and finishes with another hands on experience - scoring part of a core competence self-assessment.	Online Curriculum <i>Foundational Training Guide</i>

Title/Format	Overview:	Tools/Resources
Lesson #17	This lesson gives you instructions on the WHAT, WHY and HOW of a personal visit. It will also provide a competency-based assessment.	Online <i>Foundational Curriculum Training Guide</i> Toolkit Cards <i>Foundation Curriculum Title and Page Numbers</i> Documentation from the 9 th visit with the Mason Family Assessment Packet
Virtual Class 6 (via Zoom) *	This virtual class offers an opportunity to take another look at the assessment. It also offers practice considering dilemmas around ethics and boundaries: <ul style="list-style-type: none"> • Ethical Decision Making • Uncomfortable Situations • Representing the Learning This session includes a time for Q&A.	Reflections from module assignments Notetaking supplies. Completed Assessment <i>Foundational Training Guide & Toolkit Cards</i>
Evaluation	Please complete the Foundational Training Evaluation. We value your input and feedback. Your trainer will send you the link.	