



Course Syllabus

Course Overview

In the Foundations of Center-based Family Engagement course, family support professionals learn to effectively use the *Foundational Curriculum* as they work with families to partner, facilitate, and reflect. Both the training and curriculum cover children's growth and development, prenatally to age three.

Participants will learn to use the PAT *Foundational Curriculum* as a tool to inform family engagement practices. There will be an emphasis placed on developing relationship-based competencies across various aspects of service delivery. Participants will explore:

- > underpinning theories that inform the PAT approach
- > core concepts of family engagement to best support family well-being development
- > Strengthening Families Protective Factors™ framework to improve parenting behaviors and maximize child outcomes.

Course Facilitators

The course is instructed by certified facilitators who emphasize adult learning practices such as reflective practice and hands-on learning. Course facilitators will interact with you as guides throughout the course. They will present information to you and assist you in applying the concepts learned in the individual learning assignments in two-hour online live sessions.

Course Resources

- > PAT *Foundational Curriculum* – online
- > *Engaged: Building Intentional Partnerships with Families* (digital copy)
- > Toolkit Cards (digital copy)
- > Self-paced modules accessed via the Education tab in the PAT Business portal (<https://ebiz.patnc.org/eBusiness/home>)
- > Zoom tutorial

Technology

The following are required to participate in the course:

- > A PC—desktop or laptop—with a working camera, microphone, and speakers
- > Access to high speed Wi-Fi
- > Zoom application and the ability to navigate Zoom and access and complete webinars. To ensure that your device and browser are supported by the Zoom client, please click [here](#).

Please be sure to fill in your name and email address in the appropriate fields for all Assignment and Assessment Essay pages you submit for the course.



Finding Help

Should you need assistance, please locate the appropriate contact information listed below:

- > Registration or payment: mary.gallow@parentsasteachers.org
- > For support finding your class, managing your class, or saving your assignments please email oliver@parentsasteachers.org
- > Class, assignments or schedules: contact your class facilitator

All help will reply within 24 hours and usually sooner. You may need to contact your organization's IT support for specific questions regarding your equipment.

Time Commitment for the Course

The chart below is a snapshot of the anticipated time commitment for the course, broken down for each module.

Module	Anticipated Hours for Self-Paced Modules	Zoom Session Day
M1	2-3 hours	0 hours
M2	3-4 hours	0 hours
M3	2-3 hours	2 hours
M4	3-4 hours	2 hours
M5	3-4 hours	2 hours
M6	2-3 hours	2 hours

The course will take up between 24 and 36 active hours to complete. Please allow enough time in order to be able to complete the course successfully.



Module 1: Introduction to Parents as Teachers

Foundation Curriculum

Module 1 will be available on the Wednesday before your first online live class.

All assignments and videos are to be completed prior to the start of the virtual class.

This module is an introduction to Parents as Teachers. You will learn the history of Parents as Teachers. You will receive an overview of the *Foundational Curriculum* and discover how to navigate it.

Title/Format	Overview	Resources
Welcome/ Video	This video will offer a welcome to Parents as Teachers and provide a broad overview of this course. This video will provide an introduction to the course format and technical specifications. Course expectations are reviewed. You will begin to understand the roles of the facilitators as well as the participant.	The video is accessible within the online learning lesson.
Foundational Curriculum/ Video	This video provides a more in-depth look at the <i>Foundational Curriculum</i> .	The video is accessible within the online learning lesson. > <i>Foundational Curriculum</i> > Toolkit cards
Curriculum Overview/ Interactive	This lesson will provide an overview of the curriculum structure and introduce ways to navigate it. You will be introduced to additional course tools and begin to consider the core concepts of family engagement.	> <i>Foundational Curriculum</i> > Handout: <i>Foundational Curriculum Titles and Page Numbers</i> > Handout: <i>How to Navigate the Computer Version</i> > Toolkit cards > Engaged: > Introduction (p. 8-17)



Title/Format	Overview	Resources
Assessment	At the conclusion of this module, you will be prompted to complete an assessment to gauge your understanding of the concepts covered in the module. You must answer all questions correctly and respond to a short essay prompt to access the next module. Your instructor(s) will support your learning.	<p>Access to the assessment is available within the module.</p> <ul style="list-style-type: none"> > Online Curriculum > Toolkit Cards > <i>Engaged</i>



Module 2: Introduction to Parents as Teachers Theoretical Framework and Approach

All assignments and videos are to be completed prior to the start of the virtual class.

This module is an introduction to foundation of the relationship-based roles of the Family Support Professional. You will reflect on the purpose of trust, respect and initiative in the process of building rapport with families.

Title/Format	Overview	Resources
Intro. to Parents as Teachers / Video	Through this video, an introduction to PAT as an organization is provided. You will also become more familiar with Five Core Values and Theoretical Framework	The video is accessible within the online learning lesson.
PAT Theoretical Foundation/ Interactive	This lesson takes you deeper into the PAT Theoretical Foundations that provide the philosophy and knowledge base for working with families, as well as the core values of the PAT organization.	<ul style="list-style-type: none"> > <i>Foundational Curriculum</i> <ul style="list-style-type: none"> > Mission, Vision, Core Values (p. 2) > <i>Theoretical Foundations Guiding Parents as Teachers</i> (p. 1-2 – 1-8)
PAT Approach and Framework/ Interactive	This lesson introduces you to the PAT Approach, which includes the three roles of a family support professional and the three areas of emphasis.	<ul style="list-style-type: none"> > <i>Foundational Curriculum</i> > <i>The Parent Educator's Role</i> (p. 1-14 – 1-18) > <i>Evolution of the Helping Relationship Chart</i> (p. 1-19)
Assessment	At the conclusion of this module, you will be prompted to complete an assessment to gauge your understanding of the concepts covered in the module. You must answer all questions correctly and respond to a short essay prompt to access the next module. Your instructor(s) will support your learning.	<p>Access to the assessment is available within the module.</p> <ul style="list-style-type: none"> > Online Curriculum > Toolkit Cards > <i>Engaged</i>



Module 3: Introduction to Family Engagement

All assignments and videos are to be completed prior to the start of the virtual class.

You will be introduced to the Strengthening Families Protective Factors Framework™. You will begin to consider how these protective factors influence family development. You will identify ways that you can help a family develop these protective factors. You will consider and respond to what has brought you to the work of engaging families.

Title/Format	Overview	Resources
Introduction to the Strengthening Families Protective Factors Framework™/ Interactive	This lesson provides an introduction to the Strengthening Families Protective Factors Framework™ (SFPFF). You will prepare to think about connections between the SFPFF and family engagement.	<ul style="list-style-type: none"> > <i>Foundational Curriculum</i> <ul style="list-style-type: none"> > <i>Family Engagement</i> (p. 1-35- 1-38) > <i>The Strengthening Families Approach</i> (p. 1-9)
Introduction to the Engagement Spectrum/ Interactive	This lesson describes the components of family engagement. You will begin to examine your current engagement practices with families.	<ul style="list-style-type: none"> > <i>Foundational Curriculum</i> <ul style="list-style-type: none"> > <i>Family Engagement</i> (p. 1-36) > <i>Engaged:</i> <ul style="list-style-type: none"> > “Trust” (p. 24-26; 40-43) > “Respect” (p. 46-51; 56-59) > “Initiative” (p. 168-173; 178-182)
Zoom Tutorial/ Video	This video is an introduction to the Zoom platform.	https://youtu.be/wbnyQwsVbiY
Virtual Class 1/ Zoom	<p>This virtual class provides a discussion of the PAT Approach by exploring the concept and act of partnering. You will explore:</p> <ul style="list-style-type: none"> > The evolution of the helping relationship > Coaching > The engagement spectrum 	<p>You will be provided with the course link prior to the live session.</p> <ul style="list-style-type: none"> > <i>Foundational Curriculum</i> > Toolkit cards > <i>Engaged</i>



Title/Format	Overview	Resources
Assessment	At the conclusion of this module, you will be prompted to complete an assessment to gauge your understanding of the concepts covered in the module. You must answer all questions correctly and respond to a short essay prompt to access the next module. Your instructor(s) will support your learning.	Access to the assessment is available within the module. <ul style="list-style-type: none">> Online Curriculum> Toolkit Cards> <i>Engaged</i>



Module 4: Understanding the Neuroscience of Parent-Child Interactions

All assignments and videos are to be completed prior to the start of the virtual class.

This module is an introduction to the first PAT area of emphasis: Parent-Child Interaction (PCI). You will discover how neurological development in children and parents influence the quality of PCI. You will discover environmental variables that influence development.

Title/Format	Overview	Resources
Parent-Child Interaction/ Video	This video delves into the components of child and parent development.	The video is accessible within the online learning lesson.
Neuroscience/ Interactive	You will be relate child development to parenting behaviors. You will be introduced to six brain development processes that are critical to both child and parent development.	<ul style="list-style-type: none"> > <i>Foundational Curriculum:</i> <ul style="list-style-type: none"> > <i>The Amazing Brain of a Baby</i> (p. 105) > <i>Brain Development</i> (p. 115) > <i>Amazing Brain</i> video (p. 109) > <i>Engaged:</i> <ul style="list-style-type: none"> > “Persistence” (p. 184-191) > “Accessibility” (p.106-114; 122)
Virtual Class 2/ Zoom	<p>During this live session, we will synthesize your learning as it relates to child and parent development, including concepts of neuroscience. You will make connections to how incidents of trauma influence overall development. You will consider ways to engage families impacted by trauma.</p> <p>Each learner was assigned a specific neuroscience article. You will present your learning in small group discussions during this session.</p>	<p>You will be provided with the course link prior to the live session.</p> <ul style="list-style-type: none"> > <i>Foundational Curriculum-</i> assigned neuroscience article: <ul style="list-style-type: none"> > <i>Attachment and Brain Development</i> (p. 1145) > <i>Hazardous Substances and Neurotoxins</i> (p. 1362) > <i>Language Development in Infants</i> (p. 195) > <i>Auditory Development</i> (p. 1243) > <i>Visual Development</i> (p. 1229)



Title/Format	Overview	Resources
Assessment	At the conclusion of this module, you will be prompted to complete an assessment to gauge your understanding of the concepts covered in the module. You must answer all questions correctly and respond to a short essay prompt to access the next module. Your instructor(s) will support your learning.	<p>Access to the assessment is available within the module.</p> <ul style="list-style-type: none"> > Online Curriculum > Toolkit Cards > <i>Engaged</i>



Module 5: Supporting Development-Centered Parenting and Family Well-Being through Facilitation

All assignments and videos are to be completed prior to the start of the virtual class.

This module is an introduction to the last two PAT areas of emphasis, Development Centered Parenting (DCP) and Family Well-Being (FWB). You will learn about ways that compassion influences the ability to partner with families towards reaching their desired outcomes. You will continue to consider the importance of building and sustaining relationships with families to support their knowledge of child and parenting development.

Title/Format	Overview	Resources
Developmental Topics/ Interactive	You will begin to construct ideas about how to reflect with families on their understanding of the relationship between child development and parenting behaviors. You will reflect on ways to dialogue with families with compassion.	<ul style="list-style-type: none"> > <i>Foundational Curriculum:</i> <ul style="list-style-type: none"> > Development-Centered Parenting divider page (p. 1131) > <i>Things I Heard and Learned</i> (p. 1143) > <i>Parenting Around Development</i> (p. 1141) > <i>Developmental Topics Chart</i> (p. 1136) > <i>Understanding Child Stress</i> (p. 1265) > <i>Help Your Child Handle Stress</i> (p. 1271) > <i>Engaged:</i> <ul style="list-style-type: none"> > “Compassion” (p. 152-155; 160-164) > “Sustainability” (p. 198-205)



Title/Format	Overview	Resources
Family Supports/ Video	This video examines the make-up of the family system and the variables that impact its development. You will be introduced to the seven categories of family well-being. You will build on your knowledge of the SFPFF as it relates to family well-being, and continue to consider ways to partner with families to grow their protective factors.	The video is accessible within the online learning lesson. <ul style="list-style-type: none"> > <i>Foundational Curriculum:</i> <ul style="list-style-type: none"> > <i>Family Well-Being</i> (p. 1519)
Virtual Class 3/ Zoom	During this live session, we will explore the seven Development-Centered Parenting topics through small group activities. You will connect your understanding of child development to this area of emphasis. You will learn your role as a facilitator in bolstering family well-being. Finally, you will consider ways to apply the theoretical foundations and components of engagement within these areas.	You will be provided with the course link prior to the live session. <ul style="list-style-type: none"> > Online Curriculum > <i>Engaged</i>
Assessment	At the conclusion of this module, you will be prompted to complete an assessment to gauge your understanding of the concepts covered in the module. You must answer all questions correctly and respond to a short essay prompt to access the next module. Your instructor(s) will support your learning.	Access to the assessment is available within the module. <ul style="list-style-type: none"> > Online Curriculum > Toolkit Cards > <i>Engaged</i>



Module 6: Family Cultures

All assignments and videos are to be completed prior to the start of the virtual class.

During this module, you will discover the role of a family support professional as a reflector. You will engage in opportunities to reflect on your cultural awareness as it relates to developing relationships with families.

You will begin to think about ways that your program's policies and procedures support your ability to individualize your approach to engaging families based on their unique needs, identities, and interests.

Title/Format	Overview	Resources
Lesson 1: Culture/Interactive	During this lesson, you will begin to think about the role cultural awareness plays in engaging families. You will begin to dissect the element of responsibility by considering your organizational structure, policies, and practices relative to family engagement.	<ul style="list-style-type: none"> > Foundational Curriculum: <ul style="list-style-type: none"> > <i>Human Diversity, Cultural Competence, and Parent Education</i> – (p. 1-29 FND) > <i>Engaged Chapters</i>: <ul style="list-style-type: none"> > “Responsibility” (p. 74-81) > “Integration” (p. 130-151) > “Generosity” (p. 90-92; 94-96; 99-102)
Virtual Class 4/Zoom	<p>This virtual class offers time for reflection and in-depth discussion about how individuals, programs, and communities can carry out the family engagement framework.</p> <p>We will conclude by discussing the ways responsibility encourages us to identify ways adopt family engagement on both micro and macro levels.</p> <p>This session includes an overview of how to manage your PAT Curriculum subscription.</p>	<p>You will be provided with the course link prior to the live session.</p> <ul style="list-style-type: none"> > <i>Foundational Curriculum</i>: <ul style="list-style-type: none"> > <i>Three Steps to Cultural Competence</i> online, (p. 1-21) > <i>Things I Heard and Learned</i> (p. 1143) > <i>Core Competencies Self-Assessment</i> (p. 1846) > <i>Goal Setting</i> (p. 97) > Video- <i>Contrasting Perspectives</i> > Toolkit Cards



Title/Format	Overview	Resources
Assessment	At the conclusion of this module, you will be prompted to complete an assessment to gauge your understanding of the concepts covered in the module. You must answer all questions correctly and respond to a short essay prompt to access the next module. Your instructor(s) will support your learning.	Access to the assessment is available within the module. <ul style="list-style-type: none"> > Online Curriculum > Toolkit Cards > <i>Engaged</i>
Evaluation	Please complete the course Evaluation. Once completed, you will have access to your course certificate. We value your input and feedback.	The link to access the evaluation is located within the on-line learning space.